



# TREATMENT MENU

[vanillapodbeauty.com](http://vanillapodbeauty.com)

# WELCOME

BEAUTY CLINIC  
WORTHING, WEST SUSSEX

**Vanilla Pod Beauty** provides a wide range of beauty & aesthetic treatments in a five treatment room clinic based in West Sussex.

Led by medical & non medical professionals, our team are known for their expertise in the beauty and aesthetic industry. Our concept is unique and all our treatments include our signature detail.



# BROWS & LASHES

Eyebrow Shape	<b>£12.00</b>
Eyebrow Shape, Map and Trim	<b>£15.00</b>
Billion Dollar Brows	<b>£25.00</b>
Henna Brows	<b>£35.00</b>
Brow Lamination	<b>£35.00</b>
Eyebrow Tint	<b>£10.00</b>
Eyelash Tint	<b>£15.00</b>
Eyelash Lift	<b>£32.00</b>
Eyelash Lift and Tint	<b>£35.00</b>
Classic Eyelash Extensions - Full Set	<b>£65.00</b>
Classic Eyelash Extensions - 45 Minute Infill	<b>£25.00</b>
Classic Eyelash Extensions - 60 Minute Infill	<b>£30.00</b>
Russian Volume Eyelash Extensions - Full Set	<b>£80.00</b>
Russian Volume Eyelash Extensions - 60 Minute Infill	<b>£35.00</b>
Russian Volume Eyelash Extensions - 90 Minute Infill	<b>£45.00</b>
Hybrid Eyelash Extensions - Full Set	<b>£75.00</b>
Hybrid Eyelash Extensions - 60 Minute Infill	<b>£35.00</b>
Extension Removal	<b>£10.00</b>

*All treatments require a patch test 48 hours prior to appointment.*

*We require a £20.00 Non refundable deposit for all full sets of lashes.*

# MANICURE & PEDICURE

Full Manicure (45 min)	<b>£25.00</b>
Full Pedicure (60 min)	<b>£30.00</b>
Add Gel Polish	<b>£10.00</b>
Add Paraffin Wax	<b>£10.00</b>
Shape and Polish - Hands or Feet (30 min)	<b>£10.00</b>
Acrylic Nail Extensions Full Set (120 min)	<b>£40.00</b>
Acrylic Nail Infills (90 min)	<b>£30.00</b>
Nail Art	<b>£5.00</b>
Express Gel Manicure (30 min)	<b>£20.00</b>
Express Gel Pedicure (30 min)	<b>£20.00</b>
Gel Soak Off - Hands or Feet (30 min)	<b>£10.00</b>

*£5.00 Charge for Gel Soak off when having re-application of Gel Polish.*

# SPRAY TANNING

Full Body	<b>£25.00</b>
Full Body Scrub	<b>£25.00</b>

# STRIP WAXING

Upper Lip	<b>£10.00</b>
Chin	<b>£10.00</b>
Under Arm	<b>£15.00</b>
Forearms	<b>£15.00</b>
Full Arm	<b>£20.00</b>
Hands	<b>£10.00</b>
Back	<b>£25.00</b>
Chest	<b>£20.00</b>
Naval	<b>£10.00</b>
Half Leg	<b>£20.00</b>
3/4 Leg	<b>£22.00</b>
Full Leg	<b>£28.00</b>
Feet	<b>£10.00</b>

# HOT WAXING

Nose	<b>£12.00</b>
Bikini	<b>£15.00</b>
High Bikini	<b>£20.00</b>
Brazilian (Including Butt Crack)	<b>£30.00</b>
Hollywood (Including Butt Crack)	<b>£35.00</b>
Buttocks and Butt Crack	<b>£20.00</b>

# BODY TREATMENTS

Back Neck & Shoulder Massage (25 min)	<b>£30.00</b>
Back Neck & Shoulder Massage (40 min)	<b>£38.00</b>
Full Body Massage (55 min)	<b>£48.00</b>
Scalp & Neck Massage (25 min)	<b>£28.00</b>
Hopi Ear Candle & Facial Massage (40 min)	<b>£30.00</b>
Hot Stones Back, Neck & Shoulder (40 min)	<b>£45.00</b>
Hot Stones Full Body Treatment (55 min)	<b>£55.00</b>
Mum to Be Back, Neck & Shoulder (40 min)	<b>£42.00</b>
Mum to Be Full Body Treatment (75 min)	<b>£65.00</b>
G5 Cellulite Massage (per area)	<b>£30.00</b>

*Choice of Swedish, Deep Tissue, Aromatherapy.*



# LED LIGHT THERAPY

Exposing light to the skin surface activates the skin photoreceptors, and lets the skin cells absorb its energy. It accelerates cell biochemical circulation and stimulates the production of collagen among other processes.

LED Light Therapy  
(30 min)

**£35.00**

LED Light Therapy  
and Microdermabrasion

**£78.00**

LED Light Therapy  
and Dermapen

**£159.00**

Add a Gold Collagen Mask  
to any facial

**£10.00**

# DERMAPEN

**Microneedling** is a treatment that uses small needles to cause tiny punctures into the skin. The contact points encourage the body to create a healing response and renew the skin cells. As the skin repairs, the production of collagen and elastin is triggered to give an almost immediate plumping effect.

- Acne Clearing Facial
- Anti Ageing/ Rejuvenating Facial
- Stretch Mark Treatment
- Scar Fading Treatment (60 min)

**£125.00**

*10% off Dermapen courses of four or more.*

# CARBON LASER FACIAL

Charcoal Laser™ is applied to the face. The AW3® ND Yag Q Switch Laser shoots at the area causing no pain to the client. A 1320nm wavelength is used in this treatment. Skin rejuvenation is the treatment of sun damaged skin. Skin rejuvenation is used to boost the complexion, even out the skin tone, tighten pores, smooth out the skin texture and give a collagen boost within the skin. It is an excellent treatment to reverse the signs of aging.

**£89.00** (30 min)

*Course of 5 for the price of 4.*

## BB GLOW

It is a safe and intensive skin treatment that can assist in reduction of the appearance of freckles and imperfections of the skin.

BB Glow treatment supply the skin with BB serum applied with a Dermapen to deeply penetrate the skin for effective brightening and anti-aging properties.

**£149.00**

*Buy 3 treatments & get the 4th free.*

# DERMAPLANING

Dermaplaning is a simple and safe procedure for exfoliating the epidermis and ridding the skin of fine vellus hair (peach fuzz). Both our basic and deluxe treatments include an enzyme skin peel to really give your skin that boost it needs.

## BASIC DERMAPLANING

**£45.00**

*Includes Enzyme or Hyaluronic Peel*

## DELUXE DERMAPLANING

**£75.00**

*Includes Enzyme or Hyaluronic Peel,  
LED Light Therapy and Collagen Mask*



# MICRODERMABRASION

An **ultra deep exfoliating** facial, designed to minimise pigmentation, sun damage, acne, scarring and large pores (45 min)

**£49.00**

# ALUMIER<sup>MD</sup>

**Alumier<sup>MD</sup> Peel Treatments** are the next generation of clinical exfoliation. With a variety of peels each with a unique complex of ingredients, your Alumier<sup>MD</sup> Professional can customise your peel program of different treatments to target your specific skin concern whether it be ageing, pigmentation or acne.

*Please note that treatment timings are inclusive of consultation.*

## ALUMIER<sup>MD</sup> RADIANT 20/10

The Radiant 20/10 is a resurfacing peel containing Lactic and Salicylic Acid, this powerful combination improves skin tone and texture by exfoliating dead skin cells and speeding up cell turnover. The Radiant 20/10 reduces acne pimples and minimizes the appearance of fine lines and wrinkles, large pores, hyper-pigmentation and sun damage.

**£70.00** (45 min)

## ALUMIER<sup>MD</sup> RADIANT 30

The Radiant 30 is an Alpha Hydroxy Acid resurfacing peel containing Lactic Acid to exfoliate dead skin cells, boost cell turnover and stimulate collagen which improves skin texture and tone. This multi functional peel targets multiple skin conditions including fine lines and wrinkles, discoloration, sun damage and large pores.

**£70.00** (45 min)

## ALUMIER<sup>MD</sup> EXPRESS FACIAL

The Express Facial is the best choice for those who need a deep cleanse but do not have a lot of time. It combines high performing active ingredients to address your skin concerns.

**£45.00** (30 min)

## ALUMIER<sup>MD</sup> LUXURY FACIAL

The Luxury Facial is a unique experience that combines relaxation with high performing active ingredients to address your skin concerns. This treatment includes a facial massage, lymphatic drainage and pressure point massage that will help release toxins in the skin and soothe pain, while relaxing the body and mind. Your treatment will be customized to your specific skin type requirements leaving you looking radiant and feeling refreshed and balanced.

**£65.00** (75 min)

## ALUMIER<sup>MD</sup> GLOW PEEL

The Glow Peel combines Lactic acid, Salicylic acid and Resorcinol, creating a multipurpose resurfacing solution, effective in minimizing the appearance of fine lines, wrinkles and hyper-pigmentation issues such as age spots, discoloration and uneven skin tone. This formula exfoliates dead skin cells and stimulates cell renewal. The Glow Peel can be customized in strength by layering.

**£95.00** (45 min)



# HYDRO OXYGEN PEEL

The treatment is the newest advance in non-laser skin resurfacing. It is the only hydro dermabrasion equipment combining cleansing, exfoliation, extraction, hydration and antioxidant protection simultaneously, resulting in clearer, more beautiful skin with no discomfort or downtime. The treatment is smoothing, moisturizing, non-invasive and non-irritating.

Hydro-oxygen is a non-invasive skincare procedure that whilst exfoliating the skin promotes the production of new cells and stimulates the growth of collagen to improve skin tone and appearance. The treatment includes **6 different facials in one procedure**: Hydro Dermabrasion, Ultra Sonic, Cold Hammer Whitening, Skin Scrubbing, RF Lifting, Hydro Oxygen Hydrating

**£99.00**

*Buy 5 treatments & get the 6th free.*

# HAIR & MAKE-UP

## WEDDING MAKE-UP

Bride On The Day	£70.00
Bride Trial	£40.00
Bridesmaid	£40.00
Mother of the Bride	£40.00
Wedding Guest	£35.00

## OCCASION MAKE-UP

Full Make-up and Strip Lashes	£35.00
Eye Make up and Strip Lashes	£25.00
Prom Day	£35.00
Prom Trial	£25.00

## HAIR

Styling	£25.00
Styling and Put Up	£30.00
Hair and Make Up	£55.00



# LASER HAIR REMOVAL

Upper Lip, Ears, Navel Line,  
Chin or Nose

**£45.00**

Underarm, Neck, Cheeks,  
Hands, Bikini Line or Feet

**£65.00**

Forearms, Buttocks, Butt Crack,  
Brazilian or Hollywood

**£110.00**

Chest, Shoulders, Lower Back,  
Upper Back, Stomach, Lower  
Legs, Upper Legs, Full Arm

**£140.00**

Full Back or Full Legs

**£180.00**

Consultation and Patch Test

**£0.00**

# LASER TATTOO REMOVAL

Small Area (up to 5cm) **£40.00**

Medium Area (up to 15cm) **£65.00**

Large Area (up to 30cm) **£110.00**

Extra Large Area (up to 60cm) **£160.00**

Eye Brow Removal **£90.00**

Consultation and Patch Test **£0.00**

*Patch testing is compulsory for removal.*

*Treatments can start 2 weeks after and*

*4-6 weeks between each.*

# IV NUTRITION THERAPY

Sometimes known simply as **'drip therapy'** or **'vitamin therapy'**, IV nutrition therapy is your key to personal wellbeing. Simply put, it's a fast, effective and scientifically proven way of getting essential vitamins and minerals into your body.

Once used as a secret weapon by the rich and famous to combat burnout and exhaustion, at Vanilla Pod Beauty we are breaking new ground by making this treatment available to all. Whether you need an energy boost or simply want to experience an increased sense of wellbeing, we can create a personalised IV formulation that is safe and scientifically proven to deliver results.

## IM SHOTS

Glutathione	<b>£30.00 - £60.00</b>
B12	<b>£30.00</b>
B-Complex	<b>£30.00</b>
Fat Burner	<b>£40.00</b>
Vitamin C	<b>£40.00</b>
Biotin	<b>£30.00</b>

## IV DRIPS

Modified Myers Plus	<b>£200.00</b>
Performance Booster Plus	<b>£250.00</b>
Amino Muscle Plus	<b>£250.00</b>
Fat Burner Plus	<b>£250.00</b>
Immuno Booster	<b>£250.00</b>
Skin Brightening	<b>£200.00</b>
Hair Nourishment	<b>£250.00</b>
Health Boost Plus	<b>£250.00</b>
Energiser	<b>£200.00</b>
Advanced Energiser	<b>£250.00</b>
Glutathione	<b>£200.00</b>
Vitamin C	<b>£150.00</b>

# PERMANENT MAKE-UP

Sometimes referred to as **micropigmentation** or **cosmetic tattooing**, permanent makeup is a treatment that can give you a ready-made up look without all the hassle. By inserting tiny amounts of pigment into the dermal layers of your skin, you can save yourself all that mirror time in the morning applying your lip colour or eyebrows.

We offer every type of technique available on the market such as microblading, Ombre Brows and Blade & Shade, all performed by our in house award winning artist and educator Emma Wright.

*Please note: A non refundable booking fee of £100 is required when booking any 'new set of brows' and a non refundable booking fee of £50 is required when booking a colour boost to secure your appointment. A patch test is compulsory 24-48 hours before your appointment.*

Microblading	<b>£375.00</b>
Blade and Shade	<b>£375.00</b>
Ombre Brows	<b>£375.00</b>
6 - 9 Month Colour Boost	<b>£125.00</b>
9 - 12 Month Colour Boost	<b>£150.00</b>
12 - 15 Month Colour Boost	<b>£175.00</b>
15 - 18 Month Colour Boost	<b>£200.00</b>
Lip Liner	<b>£150.00</b>
Lip Blush	<b>£250.00</b>
Full Lip Colour	<b>£350.00</b>

# DERMAL FILLERS

Lip Filler 0.5ml	<b>£150.00</b>
Lip Filler 1ml	<b>£250.00</b>
Skin Booster	<b>£POC</b>
Chin Contouring	<b>£300.00</b>
Chin and Jawline 2ml	<b>£495.00</b>
Chin and Jawline 3ml	<b>£595.00</b>
Cheek 1 Syringe (Subtle)	<b>£260.00</b>
Cheek 2 Syringes (Glam)	<b>£480.00</b>
Tear Troughs 1ml	<b>£400.00</b>
Marionette Line	<b>£250.00</b>
Nasolabial Line	<b>£250.00</b>
Combined Marionette & Nasolabial	<b>£480.00</b>

# ANTI WRINKLE INJECTIONS

1 Area	<b>£160.00</b>
2 Areas	<b>£200.00</b>
3 Areas	<b>£260.00</b>
Neck Lift <i>with botulinum toxin type A</i>	<b>£275.00</b>
Facial Slimming <i>with botulinum toxin type A</i>	<b>£150.00 - £200.00</b>
Gummy Smile	<b>£150.00</b>
Bunny Lines	<b>£150.00</b>
Smokers Lines	<b>£150.00</b>
Hyperhidrosis	<b>£POC</b>

*All new clients will be required to attend a consultation for a health check and a prescription prior to treatment and to pay a £30 non-refundable booking fee.*

# AQUALYX

Aqualyx is a safe, effective **fat dissolving** injection treatment that reduces fat in the treatment area. It produces **long lasting results**, which means you can banish those annoyingly wobbly bits. Aqualyx can be used to treat small, exercise resistant, pockets of fat around the chin, chest, abdomen, thighs, knees, ankles.

Chin	<b>£150.00</b>
Arms	<b>£225.00</b>
Armpit Folds	<b>£150.00</b>
Inner Thighs	<b>£250.00</b>
Saddle Bags	<b>£250.00</b>
Upper Back	<b>£225.00</b>
Hips	<b>£250.00</b>
Lower Stomach	<b>£225.00</b>
Upper Stomach	<b>£150.00</b>
Flanks	<b>£225.00</b>

# CRYOTHERAPY

An advanced freezing innovation that is a fast, effective and safe new solution for removal of skin imperfections. Procedures typically last from 5 to 30 seconds, so you can be in and out of the clinic quickly. We can treat milia, pigmentation, cherry angioma, skin tags and more.

1 area	<b>£25</b>
5 areas for	<b>£99</b>

# ARE YOU INTERESTED IN BECOMING A BEAUTY PROFESSIONAL?

## WE OFFER A WIDE VARIETY OF COURSES AIMED AT COMPLETE BEGINNERS AS WELL AS ADVANCED WORKSHOPS

Our courses will take you right from beginners level to a qualified beauty practitioner. If you are already qualified and trained, we offer advanced workshops where you can refresh your skill set and learn all the latest techniques.

*We offer **payment plans** on all our courses to help you get started.  
Please contact us for more information.*

BLUSH  
& BROW  
*academy*

### OUR COURSES

Brow Lamination  
Highly Defined Brows  
Henna Brows  
Lash Lifting  
Hot Wax  
Beginners Microblading  
Advanced Microblading  
Beginners Digital Brow  
Advanced Digital Brow  
Blade to Digital Conversion  
Beginners Lip Tattooing  
Warm Waxing  
Manicure & Pedicure  
G5 Cellulite Massage  
Classic Eyelash Extensions  
All About Brows Course  
Dermaplaning  
Hydro Oxygen Peel  
BB Glow  
Acrylic Nails  
Eyebrow & Eyelash Tinting  
Gel Polish  
LED Light Therapy  
Colour Theory & Corrections

### GET IN TOUCH

01903 260 985  
[blushandbrowcompany.co.uk](http://blushandbrowcompany.co.uk)

### WE'RE ON SOCIAL

[@blushandbrowacademy](https://www.instagram.com/blushandbrowacademy)



Cancellations and reschedules require **24 hours notice** or they will be subject to 50% of the scheduled service charge. Appointments that are missed and that neglected to give notice (no call/no show) will result in a charge of full price of the scheduled service. This must be paid before making a new appointment. All Deposits taken are non refundable. Please note children are welcome in the reception but not permitted in the treatments areas.

*Aesthetic procedures require 1 weeks amendment notice.  
Please ask for more details!*

## OPENING TIMES

Monday	9am - 4pm
Tuesday	9am - 6pm
Wednesday	9am - 7pm
Thursday	10am - 8pm
Friday	9am - 7pm
Saturday	9am - 4pm
Sunday	Closed

## CONTACT

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